



Parks & Recreation

U8 Coed Soccer Bylaws

Game Format

- Games are (4) 10-minute quarters with a (5) minute half time. There will be a (1) minute break between each quarter. There is no deviation from these time limits. Games will be played using a size 4 soccer ball.
- Each team will play (7 v. 7) with 6 players on the field and 1 in goal.
- All players are required to play 20 minutes over the course of the game.
- Teams must switch sides for the second half of play.
- Score will not be kept.

Role of Coaches

- There are no referees. The coaches will act as the referee and explain to the players what they did wrong and what they should have done differently.
- Coaches will need whistles for stoppages and watches to keep game time.
- An additional coach can be behind the goal box to coach the goalie and defense.
- Coaches flip a coin for kick-off possession.

Rules of the Game

- Throw-ins require both feet side-by-side with the ball coming directly behind and over the head. The thrower may not play the ball until it is touched by another player.
- There are no penalty kicks. There are only indirect kicks. No Penalty kicks. Indirect kick may not be taken closer than the goalie box. Infractions closer to the goal are move back to the top of the box.
- Corner kicks will be taken from the corner closest to the ball going over the end line. No player may be within 8 yards of the kicker.
- Goal kicks may be taken anywhere in the goal area.
- No slide tackling under any circumstances.
- Midfield Retreat Rule: Once a goalie maintains possession of the ball, the opposing team must retreat to the midfield line. This rule applies to any violation on the defensive half of the field, and goal kicks. Once the goalie releases the ball to their defense, (No Punts are allowed), play can continue. If players do not retreat to the midfield line, it will result in a free kick for the other team.
- No offside, Coaches should encourage kids to play soccer correctly trying to stay on side as best as possible. NO cherry picking - placing or coaching players to stand in an offside position. (examples are not allowed., having a player stand in the box with the others teams goalie without another defender also in the box. Having the players stand behind the defense and wait for the ball to be played up to them.)

Equipment

- All players must wear their team's uniform for every game. Coaches will inspect their players before each game to ensure that shoes are tied, and shin-guards are being properly worn beneath the socks and shirts are tucked into the shorts.
- Children must wear shin-guards, while mouthpieces are optional.
- Hard casts must be padded and inspected before the player is allowed to play